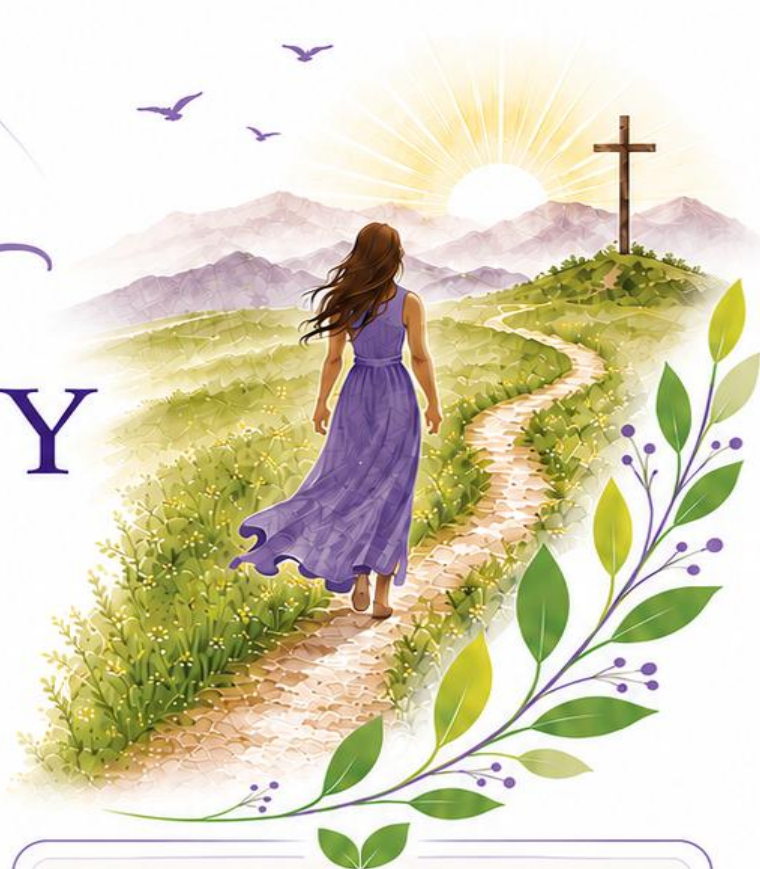


Her JOURNEY

HEAL. GROW. DISCOVER.
FIND YOUR WORTH.
LIVE VICTORIOUSLY.

In Christ



-  Are you confused by your partner's manipulation or afraid of his anger?
-  Does your partner control what you do, who you spend time with or where you go?
-  Have you experienced abuse in the past and now realize that you still need some healing?
-  Perhaps you are ready to move forward or are just looking for some support from others.

If you answered 'yes' to any of these,

Her Journey, is for you.

 Join us at:
Daybreak LifeCare Center
1601 St. Julian Place
Columbia, SC 29204

Her Journey is a transformative 13-week faith-based program that provides a welcoming and supportive environment for women seeking healing from current or past abusive relationships. This class offers a comprehensive approach to healing, restoration, and spiritual growth.

In *Her Journey*, we will delve into various essential topics that are crucial to the healing process. These include, but are not limited to, the effects of abuse, denial, boundaries, anger, depression, submission versus oppression, and finding one's true value in Christ. Participants are encouraged to discover what genuine love looks like and how to live victoriously, armed with a renewed sense of self-worth and God's direction.

Whether you are just beginning to heal or have been on this journey for some time, *Her Journey* provides a nurturing space for continued growth and support.



BEGINNING
Tuesday, September 15
AT 12:30 PM
We will meet weekly
through **December 8**



A LIGHT LUNCH
will be provided.



CHILD CARE IS
NOT PROVIDED

but infants are welcome
to come with Mom.



Learn more or register:

 803-771-6634

|  803-210-0528

|  julie@daybreakcola.org